



2025-26 SEATTLE SEAHAWKS SCHEDULE

REGULAR SEASON SCHEDULE

WK	DATE	OPPONENT	TIME (ET)	TV	RESULT
1	Sun, Sep 7	vs San Francisco	4:05 PM	FOX	_____
2	Sun, Sep 14	at Pittsburgh	1:00 PM	FOX	_____
3	Sun, Sep 21	vs New Orleans	4:05 PM	CBS	_____
4	Thu, Sep 25	at Arizona	8:15 PM	Prime Video	_____
5	Sun, Oct 5	vs Tampa Bay	4:05 PM	CBS	_____
6	Sun, Oct 12	at Jacksonville	1:00 PM	FOX	_____
7	Mon, Oct 20	vs Houston	10:00 PM	ESPN+	_____
8	BYE WEEK				
9	Sun, Nov 2	at Washington	8:20 PM	NBC	_____
10	Sun, Nov 9	vs Arizona	4:05 PM	CBS	_____
11	Sun, Nov 16	at Los Angeles	4:05 PM	FOX	_____
12	Sun, Nov 23	at Tennessee	1:00 PM	FOX	_____
13	Sun, Nov 30	vs Minnesota	4:05 PM	FOX	_____
14	Sun, Dec 7	at Atlanta	1:00 PM	FOX	_____
15	Sun, Dec 14	vs Indianapolis	4:25 PM	CBS	_____
16	Thu, Dec 18	vs Los Angeles	8:15 PM	Prime Video	_____
17	Flex Game - TBD	at Carolina	TBD		_____
18	Flex Game - TBD	at San Francisco	TBD		_____