



2021-22 SEATTLE SEAHAWKS SCHEDULE

REGULAR SEASON SCHEDULE

| WK | DATE | OPPONENT | TIME (CT) | TV | RESULT |
|----|-------------|---------------------|-----------|---------|--------|
| 1 | Sun, Sep 12 | at Indianapolis | 12:00 PM | FOX | _____ |
| 2 | Sun, Sep 19 | vs Tennessee | 3:25 PM | CBS | _____ |
| 3 | Sun, Sep 26 | at Minnesota | 3:25 PM | FOX | _____ |
| 4 | Sun, Oct 3 | at San Francisco | 3:05 PM | FOX | _____ |
| 5 | Thu, Oct 7 | vs Los Angeles Rams | 7:20 PM | FOX/NFL | _____ |
| 6 | Sun, Oct 17 | at Pittsburgh | 7:20 PM | NBC | _____ |
| 7 | Mon, Oct 25 | vs New Orleans | 7:15 PM | ESPN | _____ |
| 8 | Sun, Oct 31 | vs Jacksonville | 3:05 PM | CBS | _____ |
| 9 | BYE WEEK | | | | |
| 10 | Sun, Nov 14 | at Green Bay | 3:25 PM | CBS | _____ |
| 11 | Sun, Nov 21 | vs Arizona | 3:25 PM | FOX | _____ |
| 12 | Mon, Nov 29 | at Washington | 7:15 PM | ESPN | _____ |
| 13 | Sun, Dec 5 | vs San Francisco | 7:20 PM | NBC | _____ |
| 14 | Sun, Dec 12 | at Houston | 12:00 PM | FOX | _____ |
| 15 | Sun, Dec 19 | at Los Angeles Rams | 3:25 PM | FOX | _____ |
| 16 | Sun, Dec 26 | vs Chicago | 3:05 PM | FOX | _____ |
| 17 | Sun, Jan 2 | vs Detroit | 3:25 PM | FOX | _____ |
| 18 | Sun, Jan 9 | at Arizona | 3:25 PM | FOX | _____ |